

# October 2020 News & Notes

The TRA re-opening strategy continues to put the safety of our staff and residents first while gradually re-opening activities with guidance from public health. Our approach continues to be cautious and the strategy is subject to change depending on current public health recommendations. Enhanced infection prevention and control measures including physical distancing requirements of at least 2 metres, will remain in place throughout our re-opening and current public health recommendations will guide all decisions. For more information, please see "COVID-19 Mandatory Member Procedures" document that is attached here and also available at [www.tuscany-connect.com](http://www.tuscany-connect.com).

### **Restrictions for all park amenities include:**

**Limits on numbers, reduced hours and mandatory closure times (see below), and limited access to skate change room bathrooms only for outdoor grounds users.**

**Use of picnic tables continue to be by reservation, at this time. Our water fountains are currently shut off, so it is recommended that all participants bring their own filled water bottles.**

**Please visit [www.biz-connect.ca](http://www.biz-connect.ca) for up to date public health guidelines on playground use and outdoor recreation**

**A reminder that all members wishing to access the Tuscany Club and its amenities must be in good standing which includes payment of fees at time of use or booking.**

## **ANNUAL GENERAL MEETING UPDATE**

Our Annual General Meeting was held on Thursday, September 24 @ 7:30pm. We thank those who chose to attend in person and those who sent in their Proxy Forms for supporting this important process. We welcome our new Director Van Fielhaber to the Board and thank all of our current board members for choosing to stay on. For a complete list of all board members and their positions, please visit [www.tuscany-connect.com](http://www.tuscany-connect.com) and type "board of directors" into the search bar.

## **TEMPORARY FACE –COVERING BYLAW**

As of August 1, 2020, according to bylaw 26M2020, all Calgarians must wear a mask in all indoor public spaces and while taking bus, CTrain or other public transit such as a taxi.

At this time, children under two years old, people with underlying medical conditions, people engaging in athletic or fitness activities, patrons while eating or drinking in a food or beverage premises, patients receiving services-such as a visit to the dentist, and daycares are exempt.



## **PARK HOURS**

**9:00am-12:00pm & 1:00-4:00pm & 5:00-8:00pm Daily**

**\*\*Please note that the park and all its amenities will be cleared each day at noon and 4:00pm and we will reopen at 1pm and 5pm to allow access to as many residents as possible while following the current public health guidelines of limiting outdoor gatherings to less than 200 people at one time including physical distancing\*\***

### **\*FACILITY ADMISSIONS BY THE NUMBERS\***

**Picnic Tables (by reservation only): 10 tables with a maximum of 8 = 80 maximum**

**Play Park: 10 children in park area at any one time**

**Skatepark : 10 skaters in park area at any one time**

**(no guests in skatepark and must be 12 years or older to access without parent)**

**Tennis/Pickleball Courts (by reservation only): 2 courts with maximum 4 per court=8 maximum**

**Indoor/Outdoor Programs (by registration only): 10/class maximum**

**Indoor Badminton (by reservation only): 2 courts with maximum 4 per court=8 maximum**

## PICNIC TABLE RESERVATIONS STILL AVAILABLE CALL 403-241-6402



Although our Splash Park has closed for the season, our picnic table are still available for use by reservation. We have 10 tables available each day with your choice of time 9am to noon, 1 to 4pm or 5 to 8pm daily. The park continues to close from noon to 1pm and 4 to 5pm daily for cleaning and sanitizing. Table maximums can include up to 8 people from the same family or cohort. A reminder that each table/cohort is expected to and responsible to maintain 2m physical distancing from other tables/cohorts and at all times at the Tuscany Club.

## PERMANENT SKATEPARK COMING SOON



We are excited to announce that our permanent skatepark construction is well underway. The cement pad is complete and we are now waiting for the ramps to arrive and be installed. Fingers crossed that Mother Nature will cooperate.

Please visit our Facebook/Instagram pages and [www.tuscany-connect.com](http://www.tuscany-connect.com) for more information coming soon.

## Tennis/Pickleball Court Guidelines (by reservation only)

**Outdoor Courts will close for the season October 31st**

**Watch for more information on indoor reservation times coming soon.**

- \*Restrictions include singles/households only and by reservation
- \*Players may bring one guest for singles, however, guests for doubles must be from the same cohort.
- \*No loaning or sharing of equipment including balls unless all from the same family. We do have a limited number of balls that we are prepared to give to members to keep.
- \*Limited access to skate change room bathrooms only; remainder of building is not accessible.
- \*Court 1 (West) uses West entrance/exit only gate; Court 2 (East) uses South entrance/exit gate only (if ramp access is required, please advise when booking).
- \*No more than two bookings per address can be made per week in advance. Residents are welcome to check availability the day of to maximize court use.
- \*Booking times must be strictly adhered to allow for physical distancing between reservations.
- \*Cancellations due to weather or no show will be offered the opportunity to re-book if space permits.
- \*Players are permitted to arrive a maximum of 10 minutes early to sign in and make their way to the courts.

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## Indoor Family Badminton (by reservation only) Saturdays & Sundays 1:00 to 2:00 or 2:30 to 3:30pm

- \*Restrictions include singles/households only and by reservation.
- \*Players may bring one guest for singles, however, guests for doubles must be from the same cohort.
- \*No loaning or sharing of equipment including shuttlecocks unless all from the same family.
- \*Booking times must be strictly adhered to allow for physical distancing between reservations.
- \*No multiple bookings will be permitted and can only be made one week in advance.

**CALL 403-241-6402 to reserve**

## DRIVE THRU TRICK OR TREAT SATURDAY, OCTOBER 31ST 2:00-4:00PM



## FALL PROGRAM GUIDE (registered only, no Drop In)


Visit [www.tuscany-connect.com](http://www.tuscany-connect.com) to view the Fall Program Guide and register

- \*Fall 1 programs are well underway. As long as space permits, registration remains open online and program fees are pro-rated for late registration.
- \*Fall 2 programs run from November 1 to December 19
- \*We are continuing to offer our Adult Fitness Class Mash Up for October. See attached for our October schedule.
- \*All of the classes in our October Mash Up will continue to be offered on a per class registration basis to offer our Residents maximum flexibility and value.
- \*All classes and programs are offered by our highly qualified instructors that follow all current public health guidelines.
- \*Equipment use is kept to a minimum, no sharing of equipment and physical distancing is maintained at all times.



# October Fitness Mash Up Schedule

Our amazing instructors have come up with a mash up of classes to fill your October. Classes are registered for individually. Take as many as you like, whenever you like. All classes have now moved indoors and follow all current public health guidelines including maintaining a minimum of 2m distancing, no sharing of equipment and increased cleaning and sanitization frequency. All participants must bring their own mats, yoga props (if necessary) and filled water bottles. There is limited access to the skate change room bathrooms and the fountain is turned off. Cancellations with 48 hours of notice or more, will be credited to account and all classes will require a minimum of 5 participants to run. A reminder that Tuscany Residents Association Membership fees must be paid to access the facility and register for classes. Classes are \$10+gst each; except for Cardio Tennis \$15+gst each.

				Thursday, Oct 1	Friday, Oct 2	Saturday, Oct 3
				10:00-11:00am Gentle Stretch Banquet Room #5004		9:00-10:00am Cardio Tennis Tennis Courts/Gym #4989
				6:00-7:00pm Body Tuning Gym #4998		
				6:30-7:30pm Power Yoga Banquet Room #5003		
Sunday, Oct 4	Monday, Oct 5	Tuesday, Oct 6	Wednesday, Oct 7	Thursday, Oct 8	Friday, Oct 9	Saturday, Oct 10
		9:30-10:30am Triple Sweat Gym #4976				9:00-10:00am Cardio Tennis Tennis Courts/Gym #4990
	1:30-2:30pm Gentle Yoga Banquet Room #5017	10:00-11:00am Ballet Barre & Conditioning Banquet Room #4980	12:00-1:00pm Fitness Barre & Pilates Gym #5013	10:00-11:00am Gentle Stretch Banquet Room #5005		
		6:00-7:30pm Barre/Gentle Stretch Banquet Room #4984		6:00-7:00pm Body Tuning Gym #4999		
7:00-8:00pm Restorative Yoga Banquet Room #4972	7:00-8:00pm Fit Happens Gym #5023	6:30-7:30pm Zumba Gym #4988	6:30-7:30pm Hatha Flow Yoga Banquet Room #4994	6:30-7:30pm Power Yoga Banquet Room #5009		
Sunday, Oct 11	Monday, Oct 12	Tuesday, Oct 13	Wednesday, Oct 14	Thursday, Oct 15	Friday, Oct 16	Saturday, Oct 17
	<b>Thanksgiving</b>	9:30-10:30am Triple Sweat Gym #4977				9:00-10:00am Cardio Tennis Tennis Courts/Gym #4991
		10:00-11:00am Ballet Barre & Conditioning Banquet Room #4981	12:00-1:00pm Fitness Barre & Pilates Gym #5014	10:00-11:00am Gentle Stretch Banquet Room #5006		
		6:00-7:30pm Barre/Stretch Banquet Room #4985		6:00-7:00pm Body Tuning Gym #5000		
7:00-8:00pm Restorative Yoga Banquet Room #4973		6:30-7:30pm Zumba Gym #5020	6:30-7:30pm Hatha Flow Yoga Banquet Room #4995	6:30-7:30pm Power Yoga Banquet Room #5010		
Sunday, Oct 18	Monday, Oct 19	Tuesday, Oct 20	Wednesday, Oct 21	Thursday, Oct 22	Friday, Oct 23	Saturday, Oct 24
		9:30-10:30am Triple Sweat Gym #4978				9:00-10:00am Cardio Tennis Tennis Courts/Gym #4992
	1:30-2:30pm Gentle Yoga Banquet Room #5018	10:00-11:00am Ballet Barre & Conditioning Banquet Room #4982	12:00-1:00pm Fitness Barre & Pilates Gym #5015	10:00-11:00am Gentle Stretch Banquet Room #5007		
		6:00-7:30pm Barre/Gentle Stretch Banquet Room #4986		6:00-7:00pm Body Tuning Gym #5001		4:00-6:30pm Yoga Retreat Banquet Room #4968
7:00-8:00pm Restorative Yoga Banquet Room #4974	7:00-8:00pm Fit Happens Gym #5024	6:30-7:30pm Zumba Gym #5021	6:30-7:30pm Hatha Flow Yoga Banquet Room #4996	6:30-7:30pm Power Yoga Banquet Room #5011		
Sunday, Oct 25	Monday, Oct 26	Tuesday, Oct 27	Wednesday, Oct 28	Thursday, Oct 29	Friday, Oct 30	Saturday, Oct 31
		9:30-10:30am Triple Sweat Gym #4979				9:00-10:00am Cardio Tennis Tennis Courts/Gym #4993
	1:30-2:30pm Gentle Yoga Banquet Room #5019	10:00-11:00am Ballet Barre & Conditioning Banquet Room #4983	12:00-1:00pm Fitness Barre & Pilates Gym #5016	10:00-11:00am Gentle Stretch Banquet Room #5008		
		6:00-7:30pm Barre/Gentle Stretch Banquet Room #4987		6:00-7:00pm Body Tuning Gym #5002		
7:00-8:00pm Restorative Yoga Banquet Room #4975	7:00-8:00pm Fit Happens Gym #5025	6:30-7:30pm Zumba Gym #5022	6:30-7:30pm Hatha Flow Yoga Banquet Room #4997	6:30-7:30pm Power Yoga Banquet Room #5012		
Monica Espinosa	Michelle Hines	Sabina Zhetipisova	Kristy Karpa	Carolyn Bedford	Ameira Steidl	Lynn Ann