



Registered Sessional Program (extra program fee) *no guests*	Rented/User Group Space
Registered Adult Program (extra program fee) *no guests*	
Family Open Gym Time is available when there is no paid rental — a families-only time for adults and children. Call the front desk to confirm availability.	
Open Gym (weekdays & Weekends) first come first serve shared space -equipment available for loan with membership card	
Netted Open Gym *this time is first come first serve and reserved for netted sports like volleyball, pickleball, and badminton and is shared space*	
Non-Netted Open Gym *first come, first serve*	