

## Gym Schedule February 17 to February 23

	Tuesday Feb.17	Wednesday Feb. 18	Thursday Feb.19	Friday Feb. 20	Saturday Feb. 21	Sunday Feb. 22	Monday Feb. 23
9:00	Barre	Adult Pickleball	Open Gym	Adult Pickleball	Cardio Tennis	Adult Soccer	Adult Pickleball
9:30	9:15-10:15 AM	9:00-10:30am	9:00-10:30am	Drop-in 9:00-10:30am	9:00-10:00am <b>Red Ball</b> 10:10-11:10am	9:00-10:30am	9:00-10:30am
10:00					<b>Orange Ball</b> 11:15-12:15pm		
10:30	Parent & Tot		Parent & Tot		10:10-11:10am <b>Early Explorers - Half Gym</b> 11:00-11:45am		
11:00	Half Gym only	Early Explorers - Half Gym	10:30-12:00pm		<b>Early Explorers - Half Gym</b> 11:00-11:45am	<b>Sportball</b> 2/3 yrs 11 AM to 12:30 PM	<b>Early Explorers</b> 11:00-11:45am
11:30	10:30-12:00pm	Gym 11:00-11:45am			<b>Youth Tennis</b> 12:20-1:20pm	3-5 yrs 11:50 AM-12:45 PM	
12:00							
12:30	Pickleball	Netted Open Gym	Adult Pickleball	Open Gym			Netted Open Gym
1:00	12:30-2:00pm	12:30-2:00pm	12:30-2:00pm	12:00-1:00pm			12:00-1:45pm
1:30							
2:00	Open Gym	Open Gym	Open Gym	Teen			
2:30	2:00-3:30pm	2:00-3:45pm	2:00-3:15pm	Drop-In Gym	1:00-3:30pm <b>Non-Netted Open Gym</b> 1:30-2:30pm	Family Gym time 2:30 pm to 3:30 pm	Family Gym Time 2:30-3:30pm
3:00							Open Gym 2:00-3:45pm
3:30	OOSC		OOSC	OOSC			
4:00	3:30-4:30pm	OOSC	3:30-4:30 PM	3:45 PM - 5:15 PM	Netted Open Gym 3:45-5:15pm	Netted Open Gym 3:45PM to 5:15 PM	OOSC Program 4:00-5:00pm
4:30	Netted Open Gym	4:00-5:00pm					
5:00	4:30-6:00pm		Netted Open Gym				Open Gym 5:00-5:45pm
5:30	TKW		4:45 PM to 6: 45 PM	Tuscany Scouts	Family Gym time 5:30 pm to 6:30 pm	Gym Rental 5:30-6:30pm	
6:00	Girl Guides	Beg- 5:30-6:15pm		5:30 PM to 9:30 PM			Karate 6:00-8:50pm
6:30	6:00 PM to 8:00 PM	Junior- 6:15-7:00pm					
7:00			Build & Burn		Drop In Teen 7:00-8:30pm	Adult Badminton 7:00-8:15pm	
7:30		Senior- 7:00-8:00pm	7:00-8:00pm				
8:00	Adult				Open Gym 8:30-9:45pm <b>(all sports welcome/</b> <b>first come first serve)</b>	Open Gym 8:30 PM to 9:45 PM	
8:30	Volleyball	Adult Tennis					Open Gym 9:00-9:45pm
9:00	8:15-9:45pm	8:15-9:45pm	Adult Floor				
9:30			Hockey				
10:00			8:15-9:45pm				

Registered Sessional Program (extra program fee) \*no guests\*

Rented/User Group Space

Registered Adult Program (extra program fee) \*no guests\*

Family Open Gym Time is available when there is no paid rental — a families-only time for adults and children. Call the front desk to confirm availability.

Open Gym (weekdays) first come first serve shared space; Open Gym (weekends) \*no netted sports\*-equipment available for loan with membership card

Netted Open Gym \*this time is first come first serve and reserved for netted sports like volleyball, pickleball, and badminton and is shared space\*