



Gym Schedule May 27 to June 3

	Wednesday May 27	Thursday May 28	Friday May 29	Saturday May 30	Sunday May 31	Monday June 1	Tuesday June 2	Wednesday June 3
9:00	Adult Pickleball	Netted Open Gym	Adult Pickleball	Cardio Tennis	Adult Soccer	Adult Pickleball	Barre	Adult Pickleball
9:30	9:00-10:30am	9:00-10:15am	Drop-in	9:00-10:00am	9:00-10:30am	9:00-10:30am	9:15-10:15 AM	9:00-10:30am
10:00			9:00-10:30am	Red Ball				
10:30		Parent & Tot		10:10-11:10am			Parent & Tot	
11:00	Early Explorers	10:30-12:00pm	Early Explorers	Orange Ball	Sportball	Early Explorers	10:30-12:00pm	Early Explorers
11:30	11:00-11:45am		11:00-11:45am	11:15-12:15pm	2/3 yrs 11:00 - 11:45am	11:00-11:45am		11:00-11:45am
12:00				Youth Tennis	3-5 yrs 11:50am-12:45pm			
12:30	Netted Open Gym	Adult Pickleball	Netted Open Gym	12:20-1:20pm	Karate Special Class	Netted Open Gym	Adult Pickelball	Netted Open Gym
1:00	12:30-2:00pm	12:30-2:00pm	12:00-1:00pm		12:50-2:20pm	12:00-1:45pm	12:30-2:00pm	12:00-1:45pm
1:30			Teen	Non-Netted Open Gym				
2:00	Non-Netted Open Gym	Non-Netted Open Gym	Drop-In Gym	1:30 - 2:15pm			Open Gym	Open Gym
2:30	2:15-3:15pm	2:15-3:15pm	1:00-3:30pm	Family Gym	Family Gym	Open Gym	2:00-3:15pm	2:00-3:15pm
3:00	OOSC		OOSC	2:30-3:30pm	2:30-3:30pm	2:00-3:30pm		OOSC
3:30	3:30-4:30pm	OOSC	3:30 PM - 4:30 PM	Netted Open Gym		OOSC	OOSC	3:15-4:15 PM
4:00	Non-Netted Open Gym	3:15-4:15 PM	Open Gym	3:30 - 5:15 pm	Netted Open Gym	3:30-4:30pm	3:30-4:30pm	Non-Netted Open Gym
4:30	4:15-5:00pm		4:30-5:15 pm		3:45 - 5:15 pm			4:15-5:00pm
5:00		Youth Basketball				Steps and Strength	Netted Open Gym	
5:30	ITF - Taekwon-Do	6-8 yrs 4:45-5:45 PM	Scouts		Rental	4:45-5:45pm	4:30-5:30pm	TKW
6:00	5:15 - 8:00pm	9-12 yrs 5:45-6:45 PM	5:30 - 9:30pm	5:30 pm to 6:30 pm	5:30 -6:30 pm			Beg- 5:30-6:15pm
6:30				5:30-6:60pm		Karate	Open Gym	Junior- 6:15-7:00pm
7:00		Build & Burn			Adult Badminton	6:00-8:50pm	5:45-7:45pm	Senior- 7:00-8:00pm
7:30		7:00-8:00pm		Drop In Teen	7:00-8:15pm			
8:00				7:00-8:30pm			Adult	
8:30	Adult Tennis	Adult Floor		Open Gym	Open Gym		Volleyball	Adult Tennis
9:00	8:15-9:45pm	Hockey		8:30-9:45pm	8:30 -9:45pm	Open Gym	8:15-9:45pm	8:15-9:45pm
9:30		8:15-9:45pm		(all sports welcome/ first come first serve)		9:00-9:45pm		
10:00								
Registered Sessional Program (extra program fee) *no guests*				Rented/User Group Space				
Registered Adult Program (extra program fee) *no guests*								
Family Open Gym Time is available when there is no paid rental — a families-only time for adults and children. Call the front desk to confirm availability.								
Open Gym (weekdays) first come first serve shared space; Open Gym (weekends) *no netted sports*-equipment available for loan with membership card								
Netted Open Gym *this time is first come first serve and reserved for netted sports like volleyball, pickleball, and badminton and is shared space*								